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Planned

ANNUAL REPORT Fiscal Year 2010 July 2009 - June 2010

Parenthood.

Planned Parenthood[®]

WE'RE HERE.

The mission of Planned Parenthood of the Heartland is to be a leader in providing accessible reproductive health care, education and advocacy, responsive to the needs and rights of families and individuals.

MISSION STATEMENT

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BOARD OF DIRECTORS

lanned Parenthood was

there when I needed them

most. Even though I have

insurance now, I continue

to use Planned Parenthood

services because of the

quality care I receive and

compassionate staff."



Dear Friends...

Transformation, adaptation, rejuvenation, innovation...all these words and more apply to Planned Parenthood of the Heartland's 2010 fiscal year. Looking back at the year, I see so many amazing accomplishments as a result of the merger between Planned Parenthood of Nebraska & Council Bluffs and Planned Parenthood of Greater Iowa. We have covered a lot of ground in a short time.

To get there, many people had to extend trust, wisdom and resources.

To get there, we were all called to embrace a new, united vision while honoring our separate and distinguished histories.

To get there, we encountered difficult changes with never enough time to remind ourselves about why we embarked on this journey in the first place.

To get there, our commitment to the people of Nebraska and Iowa had to be greater than our pride of local independence.

And we made it! Planned Parenthood of the Heartland is here to assure reproductive justice and quality health and education services across the two states.

This annual report will tell the story of what we have done together in our first year.

But before you turn the page, I have a few attention grabbers to share. Planned Parenthood of the Heartland served more than 70,000 people through 2,683 education & outreach programs. Medication abortion is now available in Nebraska. A University of Iowa/PP Heartland study was published addressing intimate partner violence. Legislation was passed in Iowa to expand Medicaid services to more women and men, as well as address nursing workforce issues through a collaborative effort convened by PP Heartland public affairs.

We raised more money and were able to serve almost 73,000 clients in our health centers.

The development of new facilities in Nebraska is underway, starting with the purchase of property for a state-of-the-art health center, education resource center and administrative office in Omaha. We sold the Lincoln O Street property and began the search for a new health center in Lincoln.

And just for good measure, in the final days before year end, we filed a federal lawsuit against the State of Nebraska to stop an unconstitutional law.

You will learn from the information in this report that we are fiscally whole, healthy and strong. This is directly attributed to the high performance of our boards, employees, volunteers and donors. YOU! Thank you for your steadfast support that allows me to say... Planned Parenthood of the Heartland is here!

Jill June, President and CEO Planned Parenthood of the Heartland



FY2010 Financial Results



FINANCIAL

Health Services

Health Services - Providing the highest quality of reproductive health care to the women and men of lowa and Nebraska.

Highlights:

• **Rapid HIV Testing** was expanded throughout the state of lowa, with 4,903 tests performed; 98% of rapid test clients received their results within minutes – an overall increase of 44%.

• **Essure**[®] a non-surgical, permanent sterilization procedure for women began at the Family Practice Health Center in Des Moines. By June 2010, 17 women had received this service.

• **Adoption** successes continued as seven women made a plan for adoption and placed their child with adoptive parents.

• **Prenatal care** became available at the Susan Knapp Health Center. This is the second Des Moines-area location to provide prenatal services.

• **Medication abortion care** was available for the first time ever in Nebraska at our South Street health center in Lincoln.

• **Telemedicine abortion care** continued to be rolled out to almost all of our health centers in Iowa. We now provide remote service at 16 of the 19 centers in the state.

• Research:

> PP Heartland partnered with the University of lowa in a study to estimate the prevalence of intimate partner violence among women seeking elective abortions and ascertain their baseline characteristics, needs and resources. Results were published online June 17, 2010, in the American Journal of Public Health.

> An independent study of telemedicine abortion was undertaken to evaluate this innovative new program. Results showed that 99% of the telemedicine abortion clients had a successful abortion and 97% were successful in the standard face-to-face method. Additionally, 94% reported being "very satisfied" with telemedicine abortion as opposed to 88% in the face-to-face group.



Health Services





Education & Outreach

Education & Outreach

Providing education programs across Iowa and Nebraska focusing on adolescent pregnancy prevention and lifelong sexual health.

Highlights:

- Designed a variety of new and innovative programming including "Once Bitten, Twice Shy – The Influence of Vampire Obsession on Youth Sexuality." This training has been presented to audiences and conferences throughout the Midwest.
- Expanded educational programming in a variety of formats to students at Drake University, Simpson College, Des Moines University and the University of Nebraska-Lincoln.
- Designed and hosted "Drawing Water from a Deeper Well", a national education conference for sexual health educators.



Education Programming

	Number of Programs	Number of Participants
Community Education/Training Programs	2,571	39,149
Teen Theatre Troupe Performances/Appearances	10	250
Health Fairs	102	31,824
TOTAL	2,683	71,223



Public Affairs & Advocacy







Public Affairs & Advocacy

Working for the reproductive rights of women, men and families in Iowa and Nebraska.

Highlights:

Legal & Lobbying Accomplishments

- Expansion of Iowa's family planning waiver.
- Passage of "Iowa Needs Nurses Now" legislation to address the looming nursing shortage in Iowa.
- Filed lawsuit against LB 594 in Nebraska. The so-called informed consent bill, which was ultimately ruled unconstitutional.

Advocacy Expansion

- Organized and mobilized hundreds of activists to support Health Care Reform legislation.
- Planned and executed two highly successful Lobby Days with 187 total participants, 104 legislative visits and 363 activists who took action online.
- Seven regional organizers, making thousands of phone calls and knocking on hundreds of doors across Nebraska and Iowa, recruited 10,217 new supporters for Planned Parenthood of the Heartland.

Public and Client Communication

- Added digital signage to our health centers in Nebraska.
- Expanded social media to include more than 1,000 fans on Facebook and nearly 400 followers on Twitter. Other social marketing continued to grow, including our e-newsletter and text message audiences.
- More than 20 feature news stories plus numerous ancillary items appeared in local and national media outlets.



Awards



Awards

Planned Parenthood of the Heartland received numerous awards and recognitions in FY2010.

Highlights:

- The Sylvia Clark Award for Creativity in Clinical Services is the third national award PP Heartland has won for the Telemedicine program.
- A national Clinical Services Pioneer and Leader award for our innovative Telemedicine program, which dramatically increases access to reproductive health services in rural areas.
- PP Heartland was awarded two Affiliate of Excellence Awards from the Planned Parenthood Federation of America. One for the groundbreaking Telemedicine program, and the other for our Long Acting Reversible Contraception (LARC) campaign.
- A NOVA award for the best nonprofit marketing campaign from the lowa Chapter of the American Marketing Association. This award was in honor of the LARC campaign.
- PP Heartland's Director of Education & Outreach was recognized with two awards for leadership. The first, the APPLE (Association of Planned Parenthood Leaders in Education) Blossom Award, is given to an education director of less than two years who brings new ideas, energy and commitment to Planned Parenthood. The second, an award from the National Association of Professional Women for the excellence and dedication this leader has demonstrated in her profession.



Donor Bill of Rights

Philanthropy is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure philanthropy merits the respect and trust of the general public, and donors and prospective donors can have full confidence in the not-for-profit organizations and causes they are asked to support, *we declare all donors have these rights:*

- **1.** To be informed of the organization's mission, of the way the organization intends to use donated resources and of its capacity to use donations effectively for their intended purposes.
- **2.** To be informed of the identity of those serving on the organization's governing board and to expect the board to exercise prudent judgement in its stewardship responsibilities.
- 3. To have access to the organization's most recent financial statements.
- 4. To be assured their gifts will be used for the purposes for which they were given.
- 5. To receive appropriate acknowledgement and recognition.
- **6.** To be assured information about their donation is handled with respect and with confidentiality to the extent provided by law.
- **7.** To expect all relationships with individuals representing organizations of interest of the donor will be professional in nature.
- **8.** To be informed whether those seeking donations are volunteers, employees of the organization or hired solicitors.
- **9.** To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
- **10.** To feel free to ask questions when making a donation and to receive prompt, truthful and forthright answers.



Locations

Planned Parenthood of the Heartland



- 1. Ames 2530 Chamberlain St.
- Ankeny 704 N. Ankeny Blvd.
- Jacqueline N. Blank Book Works 123 Clark St. Des Moines
- Elizabeth Bates Cowles Center 1171 7th St. Des Moines
- 5. Cedar Falls 2520 Melrose Dr., Ste.L
- 6. Council Bluffs 1604 2nd Ave.
- Creston 1109 S. Summer St.
- 8. Family Practice Center 200 Army Post Rd., Ste. 26 Des Moines
- Fort Dodge 30 N. 27th St.
- Healthy Connections 1343 13th St. Des Moines
- 11. Iowa City 850 Orchard St.

- Susan Knapp
 2304 University
 Des Moines
- Knoxville
 909 W. Pleasant St.
- 14. Elizabeth & David Kruidenier Center 1168 6th Ave. Des Moines
- **15.** Lincoln Education & Resource Center 2246 "O" St.
- **16.** McGoogan Northwest 3105 N. 93rd St Omaha
- 17. Newton 615 N. 2nd Ave. W
- **18.** O Street 2246 O St. Lincoln
- **19.** Omaha Education & Resource Center 3105 N. 93rd St.
- **20.** Quad Cities 2751 Tech Dr.

- 21. Red Oak 950 Senate Ave., Ste. B
- 22. Rosenfield 1000 E. Army Post Rd. Des Moines
- **23.** Sioux City 4409 Stone Ave.
- 24. Mary Louise Smith Education & Resource Center 1168 6th Ave. Des Moines
- **25.** South Street 3705 South St. Lincoln
- 26. Southwest 5310 S. 139th Plaza, #301 Omaha
- 27. Spencer 1900 Grand Ave. N.
- 28. Storm Lake 720 Erie St.
- 29. West 10534 New York Ave. Des Moines

of the Heartland